



Scottish Attachment In Action

ATTACHMENT MATTERS FOR ALL

SAIA aims to make sure that everyone understands the fundamental importance of attachment relationships throughout life by:

- Providing training and consultancy in attachment and trauma to practitioners, parents and carers
- Providing information through social media, conferences, events, newsletters and educational resources

Membership of SAIA is open to all

ANNUAL REPORT 2017 – 2018

Attachment Matters for All

Scottish Attachment in Action is a Scottish Charitable Incorporated Organisation (SCIO)

Scottish Attachment In Action – Keeping it real

You will be pleased to know that SAIA has had another busy and successful year extending, as we planned to do, both our direct training and also our media resources. During the year we welcomed four new trustees – Gillian Neish, Kenny Fulton, Margaret Grace McManus and Catherine Cooke (Toby Cooke – born on Christmas Day last year has become our youngest SAIA member!) We are proud to have Professor Emeritus Colwyn Trevarthen and Professor Helen Minnis continue as our patrons.

Our 2017 conference on 'Why Attachment Matters in Sensory Integration' with Éadaoin Bhreathnach – attended by delegates from across the UK - was inspiring. The evaluation of all of our trainings – the conference, network seminars and bespoke courses for organisations - is very positive and continues to build our reputation for providing high quality, bespoke, affordable training for professionals, parents and carers. All our events are added to by the resources and enthusiastic knowledge of CairnsMoir Connections.

Our organisation has supported and contributed to the Independent Care Review and will continue to do so with direct involvement in two of the journey groups. Elizabeth King (who leads our bulletin editorial team) travelled to Cheshire to attend an 'Attachment Awareness in Schools' event hosted by Sir John Timpson.

Our thanks to Alan Sinclair, founder and former chief executive of the Wise Group, who has been providing consultancy for our business and strategic development. Over the coming year we would like to continue to expand our membership and we really value member's contributions to all aspects of SAIA. Very much appreciation to all the organisations and individuals who support us either by their membership, fund-raising and/or through providing venues for our events and meetings. Special thanks to CELCIS and Mossvale Community Church.

A big 'Thank You' to all for your support.

Edwina Grant

Edwina Grant, Scottish Attachment in Action Chair
On behalf of the Board of Trustees and the Development Team



[L-R] Catherine Cooke, MG McManus, Anne Rooney, Alison MacDonald, Kenny Fulton, Edwina Grant, Catrina Walker, Judy Furnivall, Moira Greentree, Gillian Neish.

Scottish Attachment In Action – Keeping it real

Activities

Why Attachment Matters in Sensory Integration - Annual Conference October 2017 Falkirk

Our Speaker for 2017 was Éadaoin Bhreathnach, Consultant Occupational Therapist and Attachment Counsellor and author of "The Scared Gang" books that help children recognise their approaches to stress, offering alternative ways to deal with those feelings.

Over the day Éadaoin shared her neurosequential and integrative approach model Sensory-Attachment Intervention (SAI) for the treatment of troubled children, particularly effective with those who have suffered abuse or neglect.

[www.sensoryattachmentintervention.com]

Network Seminars

Why Attachment Matters in Communities November 2017 Glasgow

How do we best build relationships when supporting children and families from such a wide variety of cultural experiences? What happens when we create strong enough connections with those who can struggle to trust? We heard about the approach of Crossreach's Daisy Chain when getting alongside children and families in Govanhill.

[www.crossreach.org.uk/daisy-chain-early-years-project]

Why Attachment Matters in Psychological Services February 2018 Glasgow

East Ayrshire Psychological Services won a COSLA Excellence Award for Innovation in developing their Nurture Strategy to improve outcomes for children and young people. As a team, Psychological Services aims to support schools to reduce barriers to learning for children and young people. For many of these children the barriers have their roots in attachment difficulties and adverse early experiences. East Ayrshire Psychological Services have begun to use Dyadic Developmental Practice (DDP) in their therapeutic sessions with children and young people, education staff, parents and carers. The Team illustrated how DDP can be an effective intervention for children and young people when delivered within the context of a broader relationships framework.

The Network Seminar was followed by an Extra General Meeting at which it was agreed to amend the Constitution to increase the number of Trustees to a maximum of twelve.

Additional Activities included

- Training for Aberdeen City Council
- Training for Angus Council
- Training for Association of Head Teachers & Deputies (AHDS) in Ayr and Glasgow
- Training for CrossReach
- Participated on the Panels at 3 Resilience documentary showings
- Stalls at several conferences and events including Association for Infant Mental Health, Care Visions, Resilience in the face of Adversity event in Clackmannanshire, Scottish Institute for Residential Child Care (SIRCC), Scottish Childminding Association, University of Glasgow ACE Centre, the Resilience documentary tour and the Scottish Adoption Register Exchange Days.

Scottish Attachment In Action – Keeping it real

Finances

Our accounts as at June 30, 2018
Balance in current account: **£10,613**
Balance in deposit account: **£ 12,017.53**



Foundation Scotland

Where philanthropy meets community

We were delighted to receive a Foundation Scotland Express Grant in May 2018. This was for £2000, and was for the purchase of office equipment.

We are extremely grateful to all those who support us with fundraising activities. Deborah Letford again ran the Great Women's 10k. Why not join her next year?

Membership July 2017 – June 2018

Membership as at June 30 2018
90 Individual members
18 Organisational members

Trustees

Safia Ali resigned in 2017. We were joined by Catherine Cooke, Gillian Neish, Kenny Fulton and Margaret Grace McManus in 2017-2018

All current Trustees bios are available at www.saia.org.uk/trustees

Resources

The most recent resources can be accessed from our site
www.saia.org.uk/resources

 Our online blog 'Keeping it Real' includes the recent articles "Is it really a problem of self-esteem? Looking inside may not be the answer to how children can flourish." and "Emotionally Protecting Children Allows Them to Express Who They Really Are."

 Our chief blogger, David Woodier also had an article published in the Scottish Journal of Residential Child Care, entitled "A relational approach helps change teachers' attitudes towards the inclusion of young people who are looked after".

[www.celcis.org/files/8615/2812/2377/2018_Vol_17_No_2_Woodier_D_Inclusion_of_young_people.pdf]

Future Plans 2018-2019

Our conference in October 2018 'A Day with Dan Hughes' has just taken place; it was undertaken in partnership with Aberdeen City Council and attended by 300 delegates. Aberdeen City Council and Aberlour Child Care Trust have commissioned training for 2018/19. Our network seminar 'Why Attachment Matters in Research' is also planned for November 2018. Sir John Timpson is hosting an Attachment Awareness Event in Scotland in 2019 partnership with SAIA. Other training, events and media resources are in the planning for 2019: we will keep our members informed though regular bulletins and, as always, actively encourage suggestions for future events.

www.saia.org.uk

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Scottish Attachment in Action is a Scottish Charitable Incorporated Organisation (SCIO)

Registered in Scotland No. SC045708

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Catherine Cooke Kenny Fulton David Lettice Alison MacDonald
Margaret Grace McManus Gillian Neish Anne Rooney Catriona Walker

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